

WELCOME TO

# *Bengal Spice*



## **Take-Away Menu**

**A UNIQUE RESTAURANT TO HOLMFIRTH UNDER THE  
SUPERVISION OF EXPERIENCED BENGAL CHEFS.**

**OPEN 7 DAYS A WEEK**

5pm - 11.00pm

Including Bank Holidays

Victoria Arcade, 9 Dunford Road, Holmfirth, HD9 2DP

**Telephone: 01484 683882 / 685239**

[www.bengalspiceonline.co.uk](http://www.bengalspiceonline.co.uk)

## Starters

<b>PAPADUM</b> .....	<b>£0.45</b>
<b>SPICE PAPADUM</b> .....	<b>£0.50</b>
<b>PICKLE TRAY</b> .....	<b>£1.80</b>
<b>ONION BHAJI</b> .....	<b>£3.30</b>
Chopped onions fried with gram flour.	
<b>BABY SHAMIS</b> .....	<b>£3.70</b>
Pan fried spicy minced chicken kebabs.	
<b>SEA FOOD PLATTER (B)</b> .....	<b>£7.90</b>
Consists of tiger prawns, cod bhaji and cod pakora.	
<b>BENGAL KEBAB</b> .....	<b>£3.90</b>
Chicken pieces marinated in a green paste of spinach and coriander skewered and roasted in the tandoori clay oven.	
<b>MIXED KEBAB</b> .....	<b>£4.30</b>
Assortment of kebabs.	
<b>SPECIAL TANDOORI MIX</b> .....	<b>£4.90</b>
Sheek kebab, chicken and lamb tikka cooked in tandoori and served on a sizzling platter.	
<b>SHEEK KEBAB</b> .....	<b>£3.70</b>
Minced lamb cooked in tandoor.	
<b>CHILLI SHEEK KEBAB (HOT)</b> .....	<b>£3.70</b>
Mince meat marinated in tandoori sauce with fresh chillies and spices then cooked in clay oven.	
<b>TANDOORI ROLL</b> .....	<b>£3.90</b>
Spicy mince meat wrapped in tandoori bread, served with sweet sour red sauce.	
<b>TANDOORI LAMB CHOPS</b> .....	<b>£4.50</b>
<b>CHICKEN / LAMB TIKKA</b> .....	<b>£3.90</b>
Marinated in yoghurt and fresh aromatic herbs and spices cooked in clay oven.	
<b>1/4 TANDOORI CHICKEN</b> .....	<b>£3.90</b>
(ON THE BONE) Spring chicken marinated in herbs and spices cooked in clay oven. (B)	
<b>FISH BHAJI (COD)</b> .....	<b>£4.30</b>
Lightly spiced-stir fried with sliced onions. (B)	
<b>FISH PAKORA</b> .....	<b>£4.30</b>
Lightly spiced battered cod. (B)	
<b>CHICKEN PAKORA</b> .....	<b>£3.90</b>
Diced chicken tikka marinated in batter sauce then deep fried.	
<b>MEAT / VEGETABLE SAMOSA</b> .....	<b>£3.50</b>
Triangular shaped pastry deep fried and served with salad and mint sauce.	
<b>CHICKEN OR LAMB WRAP</b> .....	<b>£3.90</b>
Sliced chicken or lamb in medium spiced peppery sauce wrapped in a rati (Indian style tortilla).	
<b>TANDOORI KING PRAWN</b> .....	<b>£6.90</b>
King prawns marinated in tandoori sauce, cooked in clay oven.	

<b>ACHARI CHINGRI</b> .....	<b>£4.90</b>
King Prawns cooked in seafood sauce and fresh cream, lightly spiced served with salad and mushrooms.	
<b>KING PRAWN PURI</b> .....	<b>£4.90</b>
King prawns cooked in medium fresh spices served on puri bread.	
<b>KING PRAWN BUTTERFLY</b> .....	<b>£4.50</b>
King prawn with batter and bread crumbs delicately spiced and deep fried.	
<b>CHICKEN / LAMB CHAT</b> .....	<b>£3.90</b>
Sliced chicken / lamb in tangy peppery sauce served on a puri bread.	
<b>GARLIC MUSHROOM PURI</b> .....	<b>£3.70</b>
Sliced button mushrooms in a tangy caramelised garlic sauce served on a puri bread.	
<b>CHANA PURI</b> .....	<b>£3.70</b>
Chickpeas cooked in medium fresh spices served on a puri bread.	
<b>PRAWN PURI</b> .....	<b>£3.90</b>
Prawns cooked in medium fresh spices served on puri bread.	
<b>ALOO PAKORA</b> .....	<b>£3.30</b>
Spicy potato marinated in a batter sauce then deep fried.	
<b>PRAWN COCKTAIL</b> .....	<b>£3.50</b>

## Bengal Specialities

<b>GARAM MASSALA **</b> .....	<b>£6.90</b>
Chunky chicken pieces cooked with Chef's own aromatic mixture of ground spices.	
<b>TETHOLI ***</b> .....	<b>£6.90</b>
Tikka Chicken or lamb cooked with tamarind sauce, crushed dried chillies, fresh garlic, spring onions, green pepper, coriander and hot spices.	
<b>BEGUM BAHARI **</b> .....	<b>£7.50</b>
Marinated tikka chicken or lamb cooked with spiced minced lamb in a garlic and ginger sauce.	
<b>BISNATHI CHICKEN **</b> .....	<b>£6.90</b>
Tandoori chicken de-boned then cooked with garlic, ginger, tomato puree caramelised onions and a selection of herbs and spices.	
<b>BISNATHI KEEMA BHUNA **</b> .....	<b>£7.50</b>
Off the bone tandoori chicken, minced lamb and peas, cooked with garlic, ginger mixed spices and caramelised onions.	
<b>CHAAT MASSALA **</b> .....	<b>£6.90</b>
Sliced chicken / lamb tikka cooked in a tangy peppery dry sauce, with selection of herbs and spices.	
<b>METHI **</b> .....	<b>£6.90</b>
Barbecued chicken / lamb cooked gently with cumin, turmeric and methi (Fenugreek).	

## Bengal Balti Dishes

### CHICKEN / LAMB JALFRY BALTI \*\*\* ..... £6.90

Stir fried with lightly cooked onions, garlic, ginger, tomatoes and fresh green chillies and then flavoured in the karahi with balti spices.

### BENGAL MURGH SPECIAL \*\* ..... £7.50

Marinated chicken cooked in a sauce of spinach, mint and coriander puree to create a taste that truly melts in your mouth.

### CHICKEN / LAMB JAIPURI \*\* ..... £7.50

Barbecued chicken / lamb cooked with spring onions, mushroom and capsicum, then spiced with garlic and ginger sauce.

### CHICKEN / LAMB SAG \*\* ..... £7.50

Tender pieces of chicken / lamb cooked with spinach, onions, garlic, tomatoes, herbs and spices garnished with fresh coriander.

### GARLIC CHILLI CHICKEN \*\*\* ..... £6.90

Chicken cooked with fresh green chilli and caramelised garlic, served in a sizzling wok.

### DINAZ PURI SPICE \*\* ..... £7.50

Barbecued chicken and lamb tikka, tandoori chicken and mincemeat balls, cooked in onion and capsicum spicy sauce.

### CHICKEN / LAMB ACHARI \*\* ..... £6.90

Tender cuts of chicken / lamb braised with mango chutney and pickles giving a rich sweet and sour taste.

### CHANA CHICKEN OR LAMB \*\* ..... £7.50

Tender pieces of chicken / lamb cooked with chickpeas in a medium spicy sauce.

### XACUTI CHICKEN / LAMB \*\*\*\* ..... £6.90

A South Indian hot curry cooked in a coconut curry sauce.

### FISH ROGAN \*\* (COD) (B) ..... £9.90

Cod cooked in medium spiced, pimento curry sauce.

### MAKHANI KARAHI \*\* ..... £7.50

Char coaled chicken cooked in medium spiced thick sauce with grated cheese, flared in the Karahi.

### CHICKEN TIKKA KASHMIR \* ..... £7.50

A fruity mild dish cooked with banana, lychees and fresh cream.

### CHICKEN TIKKA SABINA \* ..... £6.90

Lightly spiced marinated chicken cooked in minty creamy sauce.

### SHAHJAHAN \* ..... £7.50

Tikka chicken or lamb cooked with yoghurt, fresh cream and mince meat in a light spicy sauce.

### RUCHE \* ..... £6.90

Chicken tikka cooked with mango pulp, almond powder and fresh cream, lightly spiced.

### MUNI PURI SPICE \*\*\*\*\* ..... £7.50

Extremely hot curry cooked with Chinese dried chillies, chilli powder, fresh green chillies and naga mirch paste in a garlic and ginger sauce (chicken or lamb).

### SYLHETI BALTI \*\*\* ..... £6.90

Chicken tikka or lamb cooked with fresh spring onions, garlic, green chillies, tomato, coriander, green pepper topped with bengal salad.

### HARYALI BALTI \*\*\* ..... £7.50

Chicken / lamb marinated in green puree of spinach and coriander cooked with yoghurt, mango pulp and chilli paste, (hot sweet and sour).

### SATKURA BALTI \*\* ..... £7.50

Chicken / lamb cooked with onions, garlic, ginger and flavoured with bengali wild lemon, giving it a tangy taste in a rich sauce.

### SHAHI BALTI \*\*\* ..... £6.90

Tikka - chicken or lamb cooked with hot spicy green chilli, garlic, tomato, onion, coriander and garnished with ginger.

### BALTI SPICE \*\*\* ..... £6.90

Chicken tikka or lamb cooked with fresh spring onions, garlic, green chillies, tomato, coriander, green pepper and mint.

### CHICKEN BENGAL BALTI \*\*\* ..... £6.90

Marinated chicken with garlic, green chillies, tomatoes and selection of herbs and spices.

### CHOM CHOM BALTI \* ..... £6.90

Tikka chicken or lamb cooked in a mild creamy sauce with a touch of bengali balti puree.

### JAFLONGI BALTI \*\*\* ..... £6.90

Chicken or Lamb cooked with tangy sauce made with fresh chillies and tomatoes.

### CHICKEN / LAMB TIKKA BALTI \*\* ..... £6.90

Saute chicken / lamb cooked with chefs special recipe, and served in a balti dish which is braised in balti spices.

### TROPICAL BALTI \*\* ..... £7.90

Combination of tikka, lamb and chicken cooked with spicy minced meat to give a rich spicy flavour.

### BALTI DELIGHT \*\* ..... £11.90

Tandoori king prawns cooked with garlic, ginger, green chillies and spinach with selection of herbs and spices.

### TANDOORI KING PRAWN BALTI \*\* ..... £11.90

Tandoori king prawns cooked with special selection of herbs and spices with a touch of bengali balti paste.

### CHICKEN / MUSHROOM BALTI \*\* ..... £7.50

### FISH BALTI \*\* (COD) (B) ..... £9.90

\* Mild \*\* Medium \*\*\* Hot  
(B) May contain bones

## Karahi

Cooked with Stir fried onions, garlic, ginger, tomatoes and mixed spices, then flared in the karahi.

<b>CHICKEN TIKKA / LAMB KARAHİ **</b> .....	<b>£6.90</b>
<b>FISH KARAHİ ** (COD) (B)</b> .....	<b>£9.90</b>
<b>TANDOORI KING PRAWN KARAHİ **</b> .....	<b>£11.90</b>
<b>KEEMA PEAS KARAHİ **</b> .....	<b>£6.90</b>
Minced lamb.	
<b>MIX KARAHİ **</b> .....	<b>£7.90</b>
Chicken tikka, lamb and sheek kebab.	

## Jalfry

Cooked with stir fried onions, garlic, ginger, tomatoes, fresh green chillies and mixed spices.

<b>CHICKEN / LAMB JALFRY ***</b> .....	<b>£6.90</b>
<b>FISH JALFRY *** (COD) (B)</b> .....	<b>£9.90</b>
<b>TANDOORI KING PRAWN JALFRY ***</b> .....	<b>£11.90</b>
<b>KEEMA PEAS JALFRY ***</b> .....	<b>£6.90</b>
Minced lamb.	

## Tandoori Massala Dishes

<b>CHICKEN / LAMB TIKKA MASSALA *</b> .....	<b>£6.90</b>
Tender pieces of marinated chicken / lamb cooked in tandoori sauce, ground almonds, fresh cream and aromatic spices.	
<b>CHICKEN / LAMB TIKKA PASANDA *</b> .....	<b>£6.90</b>
Marinated chicken / lamb cooked with almonds, sultanas and coconut cream with red wine.(shiraz)	
<b>TIKKA BUTTER CHICKEN *</b> .....	<b>£6.90</b>
Diced spring chicken cooked with butter, almonds, ground coconut and fresh cream.	
<b>TANDOORI KING PRAWN MASSALA *</b> .....	<b>£11.90</b>
King prawns marinated in spiced yoghurt and cooked with cream.	
<b>MURGHI MAKHANI *</b> .....	<b>£7.50</b>
Chicken cutlets in aromatic spices, yoghurt, cheese and creamy sauce.	
<b>TANDOORI BUTTER CHICKEN *</b> .....	<b>£6.90</b>
Chicken stripped off the bone and cooked in butter, almonds, ground coconut and fresh cream.	

## Tandoori Dishes

Served with rice, salad and massala sauce.

<b>TANDOORI LAMB CHOPS ** (B)</b> .....	<b>£11.90</b>
Pieces of lamb chops marinated in tandoori sauce, skewered, then cooked in clay oven.	
<b>CHICKEN TIKKA / LAMB TIKKA **</b> .....	<b>£10.90</b>
Pieces of chicken/ lamb marinated with herbs and spices, barbecued in a tandoori oven.	
<b>CHICKEN / LAMB TIKKA SHASHLICK **</b> .....	<b>£11.90</b>
Diced chicken / lamb marinated with specially selected spices and yoghurt, which is then barbecued with fresh capsicum, onions and tomatoes.	
<b>TANDOORI CHICKEN **</b> .....	<b>£10.90</b>
(ON THE BONE) Tender chicken marinated in yoghurt and spices, cooked in the clay oven.	
<b>TANDOORI KING PRAWN **</b> .....	<b>£14.90</b>
King Prawns marinated with garlic, ginger, lemon juice, garam massala and barbecued in a tandoori oven.	
<b>JUMBO PLATTER ** (B)</b> .....	<b>£13.90</b>
An assortment of tandoories (tandoori chicken, chicken tikka, sheek kebab, tandoori lamb, king prawn and lamb chops).	
<b>BENGAL CHICKEN **</b> .....	<b>£10.90</b>
Chicken pieces marinated in a green paste of spinach and coriander, skewered, then cooked with specially selected Bengal spices in a clay oven.	
<b>Old Favourite Dishes</b>	
<b>CHICKEN TIKKA</b> .....	<b>£6.90</b>
<b>CHICKEN, LAMB, PRAWN, KEEMA</b> .....	<b>£6.50</b>
<b>KING PRAWN</b> .....	<b>£9.90</b>
<b>MIXED VEG</b> .....	<b>£5.90</b>
<b>KORMA (Mild) *</b>	
<b>DANSAK (Sweet / Sour with lentils) **</b>	
<b>BHUNA (Medium / Spicy) **</b>	
<b>DUPIAZA (Medium) **</b>	
<b>MADRASI (Fairly Hot) ***</b>	
<b>SAMBER (Hot / Spicy) ***</b>	
<b>ROGAN JOSH (Medium) **</b>	
<b>VINDALOO (Hot / Spicy) ****</b>	
<b>PATHIA (Hot / Sweet and Sour) ****</b>	

## Vegetable Balti Dishes

<b>MULTIVEG BALTI **</b> .....	<b>£6.50</b>
Consist of mixed vegetables.	
<b>ALOO &amp; BINDI BALTI **</b> .....	<b>£6.50</b>
Potato and okra.	
<b>PALONG SAG BALTI **</b> .....	<b>£6.50</b>
Cooked with lentils and spinach.	
<b>GOBI &amp; CHANA **</b> .....	<b>£6.50</b>
Cauliflower and chick peas.	
<b>SAG &amp; GARLIC BALTI **</b> .....	<b>£6.50</b>
Spinach and garlic.	
<b>ALOO &amp; BEGUN **</b> .....	<b>£6.50</b>
Potato and aubergine.	
<b>CHANA &amp; ALOO BALTI **</b> .....	<b>£6.50</b>
Chick peas and potato.	
<b>SAG ALOO BALTI **</b> .....	<b>£6.50</b>
Spinach and potato.	
<b>PANEER BALTI *</b> .....	<b>£7.50</b>
Cottage cheese in a mild creamy sauce.	

## Biriani \*\*

The chicken etc. is fried in spiced ghee with coconut, sultanas, peeled almonds, rice and garnished with chopped tomato and cucumber. Served with a portion of curry sauce.

<b>CHICKEN TIKKA</b> .....	<b>£8.90</b>
<b>CHICKEN / LAMB</b> .....	<b>£8.50</b>
<b>PRAWN</b> .....	<b>£8.50</b>
<b>KING PRAWN</b> .....	<b>£12.90</b>
<b>VEGETABLE / MUSHROOM</b> .....	<b>£7.90</b>
<b>TROPICAL BIRIANI</b> .....	<b>£9.90</b>
Combination of tikka, lamb / chicken and tandoori chicken.	
<b>MUGLAI BIRIANI</b> .....	<b>£9.90</b>
Chicken tikka cooked with scrambled egg and served with omelette on top.	
<b>MIX BIRIANI</b> .....	<b>£9.90</b>
Chicken / lamb / prawn / mushroom.	

## Vegetable Dishes

<b>BENGAL SPICE TARKARI SABZI **</b> .....	<b>£6.50</b>
Mixed vegetables in a juicy sauce, freshly blended with coriander.	
<b>SAG JOSH **</b> .....	<b>£6.50</b>
A spinach and potato curry.	
<b>JALFRY SABZI ***</b> .....	<b>£6.50</b>
Mixed vegetables stir-fried lightly with onions, garlic, cooked with ginger, mushrooms, tomatoes and fresh green chillies.	
<b>KARAHI SABZI **</b> .....	<b>£6.50</b>
Mixed vegetables with a thick blend of spices in a sauce, which is then flared in the karahi.	
<b>MASALA SABZI *</b> .....	<b>£6.50</b>
Mixed vegetables cooked in tandoori spices and herbs, simmered in mild creamed butter.	
<b>SHIM SABZI **</b> .....	<b>£6.50</b>
Mixed vegetables prepared in a spicy sauce topped with French beans and green peppers.	
<b>SAG PANEER *</b> .....	<b>£7.50</b>
Spinach and cottage cheese curry cooked in mild creamy sauce.	
<b>MOTTOR PANEER *</b> .....	<b>£7.50</b>
Cottage cheese & peas curry cooked in mild creamy sauce.	

## English Dishes

<b>CHICKEN (OFF THE BONE) &amp; CHIPS</b> .....	<b>£7.50</b>
<b>SCAMPI &amp; CHIPS</b> .....	<b>£7.50</b>
<b>OMELETTE</b> .....	<b>£7.50</b>
Chicken, prawns, mushroom and chips.	

All The Above Available In Children Portions £4.90

Note: If you have any food allergies, please inform a member of staff whilst placing your order, as some of our dishes may contain allergens.

\* Mild    \*\* Medium    \*\*\* Hot  
(B) May contain bones

## Sundry Dishes

BOILED RICE .....	£2.10
PILAU RICE .....	£2.30
KEEMA / COCONUT RICE .....	£2.60
MUSHROOM RICE .....	£2.60
EGG FRIED RICE .....	£2.60
SPECIAL FRIED RICE .....	£2.60
LEMON / CORIANDER RICE .....	£2.60
GARLIC FRIED RICE .....	£2.60
ONION FRIED RICE .....	£2.60
ONION FRIED RICE (Hot) .....	£2.60
PEAS FRIED RICE .....	£2.60
KASHMIRI RICE (Sweet) .....	£2.60
PRAWN FRIED RICE .....	£3.50
CHIPS .....	£2.00
NAN .....	£2.30
KEEMA NAN (Minced meat) .....	£2.60
KULCHA NAN (Cheese and onions) .....	£2.60
PESHWARI NAN (Sweet) .....	£2.60
GARLIC NAN .....	£2.60
CHAPATI .....	£0.80
PAPADUM .....	£0.45
SPICED PAPADUM .....	£0.50
RAITHA (Cucumber or onion) .....	£1.80
BENGAL SALAD (Hot) .....	£2.00
PICKLE TRAY .....	£1.80
PARATHA .....	£2.50
VEGETABLE PARATHA .....	£2.90
MINI PARATHA .....	£1.40

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## Side Dishes

CHANA BHAJI (Chickpeas) .....	£3.30
ALOO METHI .....	£3.30
Spiced potato fried in fenugreek leaves.	
MUSHROOM BHAJI .....	£3.30
CAULIFLOWER BHAJI .....	£3.30
BOMBAY POTATOES .....	£3.30
Spiced potato cooked in a rich sauce.	
ALOO GOBI BHAJI .....	£3.50
Potato and cauliflower.	
BHINDI BHAJI (Okra) .....	£3.30
TARKA DALL (Spicy Lentils) .....	£3.30
SAG PANEER .....	£3.90
Spinach and cottage cheese.	
ONION BHAJI .....	£3.30
SPINACH BHAJI .....	£3.30
ALOO BEGON BHAJI .....	£3.50
Spiced potato and aubergine.	
ALOO GARLIC BHAJI .....	£3.30
SAG ALOO BHAJI .....	£3.50
Spinach and potato.	
DALL SAMBER (Hot) .....	£3.50
Lentils and curry sauce.	
BEGON BHAJI .....	£3.30
Spiced aubergine.	
GARLIC MUSHROOM BHAJI .....	£3.30
MIXED VEGETABLE BHAJI .....	£3.50

### Set Meal A - £15.90

2 PAPADUMS & CHUTNEY  
CHICKEN BALTI, LAMB ROGAN JOSH,  
PILAU RICE & NAN

### Set Meal B - £21.90

4 PAPPDUMS & CHUTNIÉS,  
ONION BHAJI, CHICKEN TIKKA,  
CHICKEN TIKKA CHOM CHOM BALTI,  
LAMB KARAHÍ, PILAU RICE & NAN